

Gluten Friendly Options

(Please specify "Gluten Free" when ordering)

None of the items on this menu contain gluten. However, they are prepared in a kitchen that is not gluten free and are therefore classified as gluten "friendly". Whilst every care is taken to ensure gluten never appears in these dishes, we cannot guarantee that every dish will be gluten free.

Breakfasts (until 3pm)

Bacon sandwich (toasted or fresh) on gluten free white bread - Add fried egg, hashbrowns (x2), mushrooms or fresh tomatoes +£1.00 each	V Vegetarian	£5.95
Gluten free white toast and butter	v	£2.95
- Add pot of jam or marmalade	Vegetarian	+£0.70

Lunches

Carrot & Coriander soup - served with gluten free bread	£5.95
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Sandwiches and Toasties

All sandwiches served on white gluten free bread and come with coleslaw and crisps

Egg mayo and cress	V	£6.95
Ham & tomato w. wholegrain mustard		£6.95
Tuna mayo and sweetcorn		£6.95
Mildly curried roast chicken breast w. diced cucumber		£6.95
The Bakewell Tart Shop signature BLT on toasted white gluten free bread (triple layered)		£9.95

English Cream Teas and Afternoons Tea

Afternoon Tea for Two - A selection of gluten free finger sandwiches, salad garnish, gluten free scones with jam and vegan cream, gluten free Bakewell tart, and gluten free cake slices, Includes two regular teas, coffees or soft drinks of your choice.	Vigetarian	£39.95
Vegan Cream Tea — A gluten free vegan scone, jam and whipped dairy-free "cream". Includes a regular tea, coffee or soft drink of your choice.		£7.45

Desserts

Gluten free & vegan Bakewell tart (Traditional Bakewell tart or Iced Bakewell tart), served with custard, whipped cream, vegan whipped cream or ice cream	V Vegetarian	£7.95
Gluten free and vegan Caribbean Ginger Cake	V	£3.95
Gluten free and vegan Pecan and Cinnamon Slice		£3.95